

Effective June 30, 2026, the Nova Scotia Nursing and Midwifery Regulator (NSNMR) was formed as a multi-profession regulator, replacing the former the Midwifery Regulatory Council of Nova Scotia (MRCNS) and the Nova Scotia College of Nursing (NSCN). NSNMR will regulate licensed practical nurses (LPNs), registered nurses (RNs), registered psychiatric nurses (RPNs), nurse practitioners (NPs) and registered midwives (RMs) on behalf of the public.

While this document contains current information about this topic, some content references MRCNS and previous legislation before June 30, 2026. We appreciate your patience as we continue updating our documents to align with our new name and legislation.

The following Code of Ethics identifies the moral and ethical obligations inherent in the midwife's professional role. Midwives have a responsibility to maintain the integrity of their profession and uphold ethical principles in the provision of primary maternity and newborn care in their communities.

This Code is grounded in values that are fundamental to midwifery practice and professional relationships with clients, families, colleagues and communities.

These values include:

- (a) Promotion of safe, compassionate and ethical care
- (b) Promotion of health and wellbeing
- (c) Support for informed decision-making
- (d) Respect for human dignity and integrity
- (e) Protection of privacy and confidentiality
- (f) Promotion of justice and equity
- (g) Accountability

Code of Ethics

1. Midwives provide safe, compassionate and ethical care in accordance with their legislated scope of practice and professional standards.
2. Midwives respect and promote the normal, healthy process of pregnancy and childbirth.
3. Midwives are responsible for their clinical decisions and actions and are accountable for the outcomes of the care they provide to clients and infants.
4. Midwives clearly inform clients about community standards of care and the role, values and functions of midwifery.
5. Midwives respect and support the rights of clients to make informed choices, by sharing relevant evidence-based information without bias, coercion or deception.
6. Midwives work in partnership with clients, so that clients are empowered to speak for themselves and participate actively in decisions affecting their health and that of their infants and families.
7. Midwives will not deny or limit care on the basis of race, colour, ethnicity, language, culture, place of origin, political or spiritual beliefs, marital or family status, socioeconomic status, age, gender, sexual orientation, physical or mental ability.

8. Midwives respect cultural diversity and strive to provide culturally safe, equitable care.
9. Midwives strive to provide information and education to clients across levels of literacy and ability to understand.
10. Midwives interact professionally, respectfully and honestly with clients, colleagues and the public.
11. Midwives support and assist each other in their professional roles and nurture their own and others' sense of self-worth.
12. Midwives work collaboratively with other health professionals, consulting and referring appropriately when client needs exceed the limits of midwifery expertise and scope of practice.
13. Midwives provide the best possible care to clients in all circumstances and environments. When unable to provide the necessary care, midwives make all reasonable efforts to find other care providers for clients.
14. Midwives may not abandon the care of a client in labour, nor refuse to attend a client in labour, unless another appropriate health professional has been secured to provide the necessary care.
15. Midwives ensure that their professional judgment is not influenced by commercial considerations and will not accept any gift, favour, or hospitality to endorse commercial products or services.
16. Midwives will not accept any gift, favour or hospitality to provide preferential treatment to a client.
17. Midwives ensure that client privacy is protected and that confidentiality is maintained except where disclosure is mandated by law.
18. Midwives openly acknowledge to clients and colleagues any conscientious objection or conflict of interest that may affect their professional practice or the client's right to informed choice.
19. Midwives may refuse to participate in activities to which they are ethically opposed, with the understanding that they are obligated to provide information and essential services through appropriate referral.
20. Midwives ensure that no action, omission or incapacity on their part causes harm or places clients at risk.
21. Midwives protect clients and colleagues from harmful, unethical or incompetent practices by taking appropriate action that may include reporting mandated by law.
22. Midwives maintain continuing competence and actively seek professional development throughout their midwifery career, integrating this development into their practice.
23. Midwives support the advancement of midwifery knowledge through research and peer review and participate in the education of students and peers.
24. Midwives participate in the development and implementation of policies and initiatives that promote the health of childbearing clients and families.



REGISTERED MIDWIVES CODE OF ETHICS

25. Midwives actively promote equitable access to health care and services that meet the needs of childbearing clients and families.

Adopted by the MRCNS on March 18, 2009

Amended by the MRCNS on May 31, 2018